

Our Mission

The Mustard Seed Kitchen is a not for profit organization dedicated to building a community around a kitchen.

We provide nourishing meals, on a temporary basis, to people who are in need of them. We also attempt to create a comfortable atmosphere for teens and other young people after school by providing nutritional snacks and a welcome smile to them during the school year.

The Mustard Seed Kitchen is very proud to be an entirely volunteer organization that allows people to give back to our community.

Interested in joining us?

The Mustard Seed Kitchen is always looking for people to help out.

- Can you afford 1 or 2 hours a week?
- Can you be a substitute?

Come join one of the Greatest groups of volunteers around.

We need help in preparing, cooking, packaging and delivery of meals. NO experience is necessary! We cook on Tuesdays and Wednesdays.

In addition, we need drivers to deliver meals to Wellfleet, Eastham and Truro. We deliver on Tuesdays and Thursdays.

Give us a call at 508-349-2049

The Mustard Seed Kitchen

Building a community around a kitchen

2008

Community Update



Mustard Seed Kitchen Facts

- The Mustard Seed Kitchen has been operating for over 10 years.
- We are a totally volunteer organization with over 20 members and no paid staff.
- Annually we provide and deliver to client's homes over 4500 meals.
- We cover the towns of Wellfleet, Eastham and Truro.
- Funding is provided primarily through donations and fund raising events.
- The Wellfleet Oyster Festival is our primary fund raiser. Please support our role by visiting us in the food tent. We have great hot dogs and home made chili.

A Special Thank You!

Special thanks to the First Congregational Church of Wellfleet, which provides it's facilities allowing us to carry on our work for the community.

The Mustard Seed Kitchen would not be in existence without the wonderful support of this Congregation.

Thanks To All Our Volunteers

Arthur Staff, Barbara Benes, Barbara Kantor, Beth Hansen, Carol Loreto, Dot Oberding, Frank & Sandy Szedlak, Fred Nass, Iris Sands, Janet & Eric Erickson, Joe & Mary Cosgrove, Judy Goldman, June & Jim Meckel, Kathleen Kilmer, Laura Kozak, Lorraine DeCoursey, Lynn Stewart, Marcia Ambrose, Mary Ann Tramutola, Nancy & David Koonce, Pat & Richard Synoradzki, Sue Judge

We also want to thank those clients, who generously make donations; and,

We thank all who have so generously supported our organization. Donations are tax deductible.

Donations are most appreciated!

They may be sent to:
The Mustard Seed Kitchen
P.O. Box 833
Wellfleet, Ma. 02667

Financial Donors

- Cape Cod Five
- Church of St. James the Fisherman
- First Congregational Church of Wellfleet
- Nauset Fellowship, Inc. Chapel in the Pines
- St. Vincent de Paul
- Town of Wellfleet

Food Donors

Thanks to all who have provided usable, unopened food to our cause including:

- Beachcomber
- Box Lunch
- Hatchs Produce
- Hole-in-one
- Lighthouse Restaurant
- South Wellfleet General Store
- Wellfleet Market

